

Question Prompt List

- Communication is important between doctors and patients with liver disease.
- This list of questions may help to improve communication with your doctor about your disease and future care.
- Due to limited time in clinic, it is unlikely that your doctor will be able to answer more than three questions from this list. Please TICK those questions that you would most like to ask about.

RESEARCH

If you're happy to use this list in your clinic appointment, please tick here

If you're happy for your data to be used for research to improve services, please tick here

If you're happy to be approached about an interview, please tick here



Royal Free London **NHS**
NHS Foundation Trust

Understanding my liver disease

- Why do I have liver disease?
- How can I improve my liver function?

Symptom issues

- What symptoms should I watch out for?
- What should I do if these symptoms occur?

Management of my liver disease

- What do my test results mean?
- What is my treatment plan (short-term/long-term)?
- Why do I need this treatment/procedure/test?

Medication

- What is my liver medication trying to achieve?
- What are the side effects of my medication?
- Can you review my liver medication?

Impact of liver disease on my life

- Will liver disease affect my ability to work?
- Can I drive?
- Can I travel abroad?
- I am feeling worried/low. Where can I get help?
- Is there any special diet that I should follow?
- Can I have occasional alcohol/low alcohol?
- I am concerned about my sex life. Can anything be done to help?

Progression of liver disease + life expectancy

- What can I expect from the future?
- What is my life expectancy?

Other questions you would like to ask

.....
.....
.....

Please turn over for details about where to get practical advice and further information

Where to get practical advice and information

Please read through the next few pages for advice about where to get more information

Information about liver disease

If you want to know about the following, please tick the relevant circle:

- What is liver disease ?
- What is cirrhosis?

If you have ticked any of the boxes above, please ask your doctor in clinic for a brief summary sheet.

Alternatively, you can check on the websites of the following organisations

British Liver Trust
Helpline 0800 652 7330
<https://britishlivertrust.org.uk>

NHS choices Website
<https://www.nhs.uk/conditions/cirrhosis>

General advice and information

Do you need advice and information on the following topics?

- Benefit claims
- Transport costs
- Help at home
- Care, equipment etc.
- Future care planning - living wills, Power of Attorney

If you do, the Royal Free Hospital now has a Support Hub that can help you with advice and information on these topics.

Your doctor can make a referral to the Support Hub on your behalf.

Please tick if you would like your doctor to refer you the Support Hub

Alternatively, you can visit the Royal Free Support Hub in person (see below)

**Support Hub Royal Free Hospital
LG floor 0207 794 0500 ext 39963
Monday – Friday 10 - 4pm
(except Bank Holidays)
rf.royalfreesupporthub@nhs.net**

Health information – Contact details

For general health enquiries, contact your GP.

For help with specific liver disease problems **in office hours** contact

For help with specific liver disease problems **out of hours** contact

Psychological support

Problems with mental health such as anxiety or depression

You can contact: Helpline Samaritans on Tel 116 123

OR Check the NHS choices Website
<https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>